



# The Clothes Line

CLS Monthly Newsletter - Volume 12, Issue 8

February 2022

## Celebrate Each Day!!

Greetings CLS Team Members,

As we head into February, we have many things to be excited for here at CLS. Winter is in full swing and with that our floor mat business is booming. Some of our customers are slower this time of year, while others are operating at full capacity. Our company is blessed to have many hard-working Team Members who are focused on growing our business and providing our customers with excellent service. Thank you to all of our Team Members and keep up the good work! We appreciate each one of you!

Our Mat and Finishing Production departments at Manchester Road are feeling the growing pains of construction with our expansion project beginning. Currently we having new ceiling steel beams being installed and painted, we are disconnecting and relocating the hot water heaters, and we are hanging new overhead monorail. Over the next two months, this part of the project will be a disruption and we appreciate everyone's patience during the construction.



We continue to encourage all of you the do your part to keep yourself safe and healthy especially during the cold and flu season. CLS needs each of our essential Team Members at work every day. Please remember the following:

- Wash your hands often
- Follow social distancing guidelines
- Disinfect all common surfaces often
- If you feel sick, stay home and get tested (if possible)

This year CLS celebrates our 123<sup>rd</sup> year in business. Our Family Owned and Operated company has been successful for so many years due to our strong and dedicated Team. Only a handful of companies can boast a milestone such as this and we are so proud! We appreciate the way each of you take pride in your work here at CLS and look forward to many more successful years!!

Thank you for working safely each day! Winter brings with it more reasons to watch your footing and take your time. It only takes a second for an accident to happen. We want each of you to arrive to work and home from work safely each day!!

Enjoy each crisp winter day and make the most of the sunshine!

We are CLS!  
Sarah, Kurt, and Ron



# NATIONAL HEART MONTH

February is American Heart Month. According to the CDC, heart disease is the leading cause of death in the United States. The term “heart disease” can refer to several different heart conditions. Knowing ways to prevent heart disease can help you and your loved ones stay safe.



## Choose Healthy Foods and Drinks

Food turns into the fuel that gets you through the day. Depending on what you eat can leave your tank running on empty. Good nutrition is important in keeping you and your mind sharp throughout the day. Try to eat fresh fruits and vegetables and fewer processed foods.



## Get Regular Physical Activity

Physical Activity can help you maintain a healthy weight. Maintaining a healthy weight can help lower your risk of heart disease because you are actively working the muscle. Regular physical activity can also help with arthritis and other rheumatic conditions affecting joints. Some physical activity is better than doing none. Make sure you are getting active by walking the dog, taking the kids for a bike ride, or enjoying a trail walk.

## Don't Smoke or Use Tobacco

The chemicals in tobacco cause damage to your heart and blood vessels. The chemicals reduce the oxygen in the blood, leading to increased blood pressure and heart rate, making your heart work harder to supply your body with oxygen. Quitting can be difficult, but it is important to know that your body notices differences as soon as you stop smoking.

## Manage Stress

Finding a healthy way to deal with stress is important. Some people find boxing, writing, reading, and running outlets for realizing stress. Make sure you're doing something that releases the negative energy from your mind and body. Exploring your options to better your health is important. Another way to reduce stress is to get a good night's sleep. Along with reducing stress, sleeping gives your body time to rest after the day and reduces your risk of heart disease.



Along with following many of the tips above, it is crucial to get regular health screenings. For example, checking your blood pressure and cholesterol levels can help detect issues happening within your body. We want you to continue to be healthy and safe because you are the heartbeat of the company!

## FEBRUARY BIRTHDAYS

<b>Julie Pueblo</b>	Feb. 2
<b>Tyler Pelleran</b>	Feb. 6
<b>Justin LaPoint</b>	Feb. 7
<b>Dave Bartman</b>	Feb. 9
<b>Joseph Anderson</b>	Feb. 10
<b>Yasmin Flores Santos</b>	Feb. 10
<b>Estrella Asbeury Cabrera</b>	Feb. 14
<b>Kurt Brown</b>	Feb. 14
<b>Dawson Sicher</b>	Feb. 15
<b>Orlando Bautista Lopez</b>	Feb. 15
<b>Kevin Robinson</b>	Feb. 17
<b>Pam Yarber</b>	Feb. 20
<b>Gene Kruse</b>	Feb. 21
<b>Austin Fee</b>	Feb. 22
<b>Kurt Vander Meer</b>	Feb. 23
<b>Alejandro Cruz Jimenez</b>	Feb. 23
<b>Kasey Caldwell</b>	Feb. 25
<b>Gerald Kopec</b>	Feb. 28



## FEBRUARY ANNIVERSARIES

<b>Greg Tuttle</b>	20 Years
<b>Steve Sherburn</b>	9 Years
<b>Lynne Miltenberger</b>	9 Years
<b>James Brandt</b>	7 Years
<b>Michael Toennesen</b>	3 Years
<b>Joseph Stannard</b>	2 Years
<b>Jemar Duckett</b>	1 Year

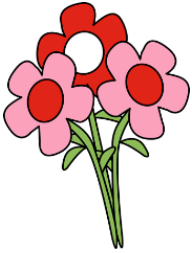


## WEAR RED DAY



February 4 is National Wear Red Day to raise awareness about heart disease, the leading cause of death in Americans, especially women. If you would like to bring attention to heart disease, please wear red on Friday, February 4.

## VALENTINES DAY



We encourage everyone to wear pink, red, or white to celebrate Valentine's Day on Monday, February 14th. This is the perfect time to bring out that Pinktober shirt from October. Please send your pictures to [kschut@clsimage.com](mailto:kschut@clsimage.com) for a chance to be featured on CLS social media!

## CLOTHING DONATION

After doing the "Keeping Our Community Warm" clothing drive, CLS donated additional clothes that were discontinued to the Charitable Union. With the help of Dana from Robert Half, we were able to donate six boxes of new and used pants, shirts, coats, gloves, and much more. We are grateful to give back to our community!

Charitable Union is located in Battle Creek and is a small, local non-profit organization that helps provide clothes and bedding to children, families, and veterans in Calhoun County. Charitable Union was founded in 1887 and is different from Goodwill or Salvation Army because everything in their shop is **FREE** to those in need.



Thank you to Dana from Robert Half for taking our donations to Charitable Union and organizing the "Keeping Our Community Warm" drive. (Photo Credit: Javier Crispin)

## Kurt Brown



Kurt Brown was promoted to Director of Sales for Facility Products and Corporate Apparel. Kurt joined us in August 2021 as a Sales Consultant servicing Grand Rapids and Lansing territory.

Kurt's favorite season is Fall because the leaves change color, the cool brisk air is back, and football! Kurt's favorite color is blue (GO BLUE) because he is a diehard UofM fan. His ten-year-old daughter is his whole world. Kurt is looking forward to expanding the CLS brand by educating our clients on our full-line of facility products and services!

We are so glad to have you, Kurt, and congratulations on your promotion!



## Mark Juncaj



Mark Juncaj was promoted to Route Manager in our Livonia location. He has been with CLS since 2018, when he started as a member of our Customer Care department in Livonia!

Mark's favorite season is fall because of Football and the Fall Colors. His favorite colors are Maize and Blue. Mark enjoys photography especially wedding photography, in his free time. Mark is looking forward to meeting the customers he has talked to and created relationships with over the last three years face to face!



Congratulations on your new role Mark!

## JOIN US ON FACEBOOK



Join the conversation by joining our CLS Group Page on Facebook! You can join our group by following these easy steps:

1. Get on Facebook
2. Type in the search bar CLS Team
3. Hit request to Join

Once accepted into the group, you can check out photos, interact with other Team Members and stay tuned for announcements.

## WELCOME TO THE TEAM

We would like to welcome all the new Team Members that have recently joined our CLS Family! We know there are many employers to choose from, and we are so happy you are here. To our Senior Team Members, thank you for welcoming our new hires and showing them the “ropes.” We appreciate you helping them understand our business.



You are the heartbeat of the company. We are only successful because of our hard-working and dedicated Team Members. We appreciate all you do!

## UNDER CONSTRUCTION



We have begun our large Production Expansion project and are excited for the outcome! This project has been planned for over three years and will increase our production capacity leading to a brighter future for all of us. We appreciate everyone’s patience and understanding during this time.

# NATIONAL DRESS YOUR PET UP DAY!

January 14 was national dress your pet up day. Thank you to all the Team Members who sent in pictures of their pets dressed up and those who submitted photos of just their pets!

