



The Clothes Line

CLS Monthly Newsletter - Volume 12, Issue 10

April 2022

Welcome Spring!!



Greetings CLS Team Members,

Everyone is excited that Springtime is upon us! While many of us haven't yet put away our puffy coats, it's time to start planning for warmer temperatures and all the activities they allow! The sun is finally out and the days are getting longer. Spring sports are in full swing and Easter is right around the corner. We encourage each of you to get out of the house and start enjoying!

We have welcomed many new Team Members into the CLS Family over the past few weeks. We are so excited you have joined our company! To our Senior Team Members, please remember what it was like to be new once and provide guidance to our new Team Members. We want everyone to feel welcome here at CLS and enjoy their experience on the Team!

Our Service Teams are in the middle of a lease Mat Sales Contest. Lease mats include scraper and comfort mats. So far, the competition has been fierce amongst the Route Sales Professionals within each branch. Keep up the good work everyone and finish the competition strong!

Safety includes your footwear. Did you know that you spend 40% of your week wearing the same pair of shoes? Now that the snow is gone, perhaps it is time to assess the shoes you wear to work. Are they well-fitting and comfortable for a long workday? Remember - your comfort should never be underrated!

MANCHESTER CONSTRUCTION UPDATE



We are almost complete with the new monorail system over the Ironing and Dryfold areas. The last few things to wrap up are the completion of the air lines, the final overhead rail connections, and the installation of the software system. This week we plan to move the Mat pallet racking to its permanent new locations and move the Dryfold machinery to their new locations.

We have also started excavation outside in preparation for the new addition to the building. The concrete foundation should be poured this week and the steel should be arriving any day to begin putting the structure together. Exciting times here at CLS!

We appreciate all of our Team Members continuing take care of our customers. Our customers count on each and every one of you to provide them with high quality products and services. Each Team Member is an important part of the CLS Family. We are CLS!!

Sarah, Kurt, Ron

SAFETY TIP

April is Stress Awareness Month. Everyone experiences different levels of stress throughout their lives. Here is some information about stress and ways to combat what makes us feel stressed out.

There are three different types of stress Acute stress, Episodic Acute Stress, and Chronic Stress. Acute stress usually is brief and is the most common and happens frequently. This is most often caused by reactive thinking or events/conversations replaying in your mind throughout the day. Episodic Acute Stress is frequently experiencing acute stress or living with triggers or stress. Individuals who suffer from Episodic Acute Stress often live a life of chaos and crisis. Chronic Stress is the most harmful because it wears on your mentally and physically over time. Chronic stress can make individuals feel hopeless, not being able to escape from the stress and eventually giving up on seeking any solutions



To reduce stress, you can minimize reading, watching, or listening to media that increases feelings of excessive stress or anxiety. Second, reduce the amount of time you spend on social media sites. Third, ensure your time between work shifts is truly restful and relaxing. Finally, make time for regular self-check-ins to assess your mental and emotional wellness.

APRIL BIRTHDAYS

Oswaldo Cruz	April 1
Jeremiah Sicher	April 2
Ofelia Flores Hernandez	April 4
Barry Hopper	April 7
Victoria Lopez	April 8
Ramon Gomez	April 10
Yolanda De La Cruz	April 10
Greg Robertson	April 10
Francisca Solis Gomes	April 11
Oswaldo Ixcot Lopez	April 13
Brad Bowers	April 19
Corey Wright	April 20
Marci Stephenson	April 22
Joyce Burnett	April 22
Fidel Martinez Lopez	April 23
Ruben Guerra Veral	April 24
Jon Crane	April 25
Martha Santiago Martinez	April 25
Bryan Mueller	April 27
Maria Gutierrez	April 27
Gilman Cardona	April 30
Saul Hernandez Garcia	April 30

APRIL ANNIVERSARIES

Ron Vander Meer	56 Years
Theodore Phillips	18 Years
Mirian Garcia	17 Years
Ron Pearce	17 Years
Greg Place	17 Years
Wally Roznowski	16 Years
Tim Balbo	8 Years
Fatima Camarena	4 Years
Brandon Balbo	4 Years
Zach Dwyer	4 Years
Ryan McNab	1 Year
Lindsey Peters	1 Year
Dustin Saville	1 Year



UP COMING EVENTS

Bowl for Kids' Sake

Teams have been made for the Big Brother Big Sister Bowl for Kids' Sake. If you want to donate to BBBS to support one-on-one mentoring in southwest Michigan, please talk with someone in the HR Team! Our team will be bowling on April 23rd. If you are still interested in signing up, please see someone in HR. Thank you to all those who have signed up to bowl.

 Big Brothers Big Sisters

BOWL For Kids' Sake



National Pet Day

National Pet Day is April 11; please send us a picture of your pet to feature in on our social media pages and newsletter. Submit a photo by sending it to kschut@clsimage.com.

National Laundry Day

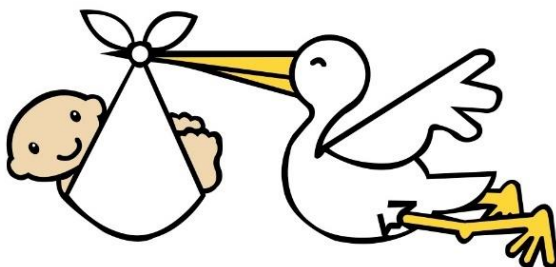
National Laundry Day is April 15, along with National Tax Day. We want to take this time to tell you we appreciate everything our Team Members do daily. Thank you to our Route Sales Professionals who pick and deliver our products. Thank you to our Team Members who sort, wash, iron, and prepare our products to be sent back to our customers. We couldn't do it without our hard-working team!



NEW ARRIVAL

Congratulations to Bill Aton, who welcomed his first grandchild into the world! Easton William Avers was born on March 6, weighing 8lbs, 1 ounce and measuring 21 inches long!

Welcome to the world, little buddy!



EASTER CELEBRATION

CLS will be holding an Easter celebration on April 9 at our Kalamazoo Branch. There will be tons of activities for the whole family! We would like to get a head count of how many people and children will be attending, so please sign up in the breakroom, office areas, or on CLS Connect.



Egg Hunt

Please join us

**APRIL 9TH, 2022
AT 10 AM**

- Children 10 and under can hunt for Easter Eggs
- Face Painting
- Games
- Visit with the Easter Bunny
- Tower Building

MOVING THROUGH MARCH

During March, Team Members were encouraged to join the Moving Through March Wellness Challenge. Each week Team Members tracked their steps and tried to achieve the highest step count for each week. Depending on the number of steps, Team Members were split into groups to challenge themselves and encourage others. Thank you to all the Team Members who participated in this event. Here are the top three winners from each group:

Moving Through March: Week 4



Name: Sara Bergstrand
Steps: 68,337



Name: Sarah Wrubel
Steps: 96,746



Name: Ruth Beranek
Steps: 58,313

Moving Through March: Week 4



Name: Marcia Aguirre
Steps: 155,474



Name: Cristine Elias-Ramirez
Steps: 187,154



Name: Adriana Morales
Steps: 145,857

ST. PATRICK'S DAY

Our CLS Team Members celebrated St. Patrick's Day by dressing in green and decorating. Thank you to all of our Team Members who participated in wearing green and Liviona for decorating; fun times at CLS!

