

The Clothes Line

CLS Monthly Newsletter - Volume 12, Issue 11

May 2022

Preparing for May

Greetings CLS Team Members,

Mother's Day is only a few weeks away and we are already starting to experience increases in our table linen business. Historically the month of May has been a big roll out month



for CLS meaning we tend to ship out more products because our customers' demands increase as the weather improves. After Mother's Day passes, we can expect for the Service department to be returning higher volumes of soil back to production. To prepare for this influx, we will be ordering more product, extending production hours, and hiring more Team Members.

COMPANY GOAL REVIEW

Each month the Executive Team reviews how we are performing relative to the department and company goals that have been set for the year. We have our Company Goals and Objectives posted in each location for your reference. Based on the performance of the company so far this year, the Executive Team feels we are off to a very good start to accomplishing the goals we have set. For the ones we are lagging behind with, we will continue to work hard to bring those up to par soon. Thank you to all of our Team Members for your efforts!! Keep up the good work!

MANCHESTER CONSTRUCTION UPDATE

The new monorail on the clean side of the plant has been operational for two weeks. So far, the system has been working well and we are getting used to the new process of delivering clean product to the finishing equipment. We had several hiccups with the software update that caused many hours of downtime for the soil department. These issues have caused soil to back up even further and we are scheduling Saturdays to assist with not falling further behind.

The outside part of the project has run into some delays with construction due to weather and material related shortages. We are trying our best to minimize the length of time we are delayed, however, most of the problems are outside of our control. We will provide more updates as the project continues. Hang in there, it will all be worth it in the end!



SAFETY MESSAGE

Remember that focus is extremely important to keeping yourself and your coworkers safe. A momentary loss of focus can lead to an injury or an accident that may have been prevented. Getting a good night of sleep helps with maintaining focus throughout your day. Be alert...don't get hurt!

Thank you to each of our hard-working Team Members! We could not do it without you. We encourage you to take time to celebrate the mothers in your life on May 8 and show them how much you appreciate them. We are CLS!!

Sarah, Kurt, Ron

NATIONAL MENTAL HEALTH AWARENESS MONTH

May is National Mental Health Awareness Month. We want to take this time to help understand different mental illnesses and ways that are helpful to cope. Mental Health Awareness Month recognizes that our mental/psychological health can be as important as our physical.

What is Mental Health?

Mental health Includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood to adolescence through adulthood. Mental health is important to your overall health because having good psychological, emotional, and social well-being can enhance your physical health. There is a difference between mental health and mental illness. Mental health is essential for leading a happy life. Our mental health affects our mood, thinking, how we feel about ourselves and those around us. Therefore, prioritizing yourself physically and psychologically is important.



Improving Your Mental Health



Enjoying a 30 minutes walk can help boost your mood and improve your thinking. Eating well and drinking enough water can also help improve your energy and focus throughout your day. Sticking to a sleeping schedule and getting enough sleep is vital for your body to recover from the activities of the previous day. Setting goals and holding yourself accountable can help you manage your mental health and make sure you are giving your body what it needs. For example, practicing gratitude by reminding yourself daily about what you are grateful for. Another thing you can do to improve your

mental health is to stay connected with family and friends. Communicating with others can brighten your mood and increase positive thoughts.

May Birthdays	
Quierra Stevenson	May 2
Maria Rodriguez	May 3
Clelia Berfalia Mendoza	May 4
Gary Drake	May 7
Lee Marcotte	May 9
Ruth Beranek	May 9
Alondra Garcia	May 10
Hugo Mendez Hernandez	May 13
Vidiana Roads Mendez	May 14
Frank Peets II	May 15
Dawn McMillen	May 20
Eleazar Marquez Hernandez	May 22
Judy Franulic	May 22
Dustin Weed	May 25
Richard Heyd	May 28



20 Years
19 Years
19 Years
17 Years
15 Years
11 Years
11 Years
9 Years
9 Years
7 Years
5 Years
5 Years
5 Years
3 Years
1 Year
1 Year

CLS BOWL FOR KIDS' SAKE

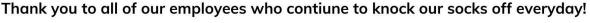


Team Members donated their time on Saturday, April 23, for the Big Brother Big Sister Bowl for Kids' Sake, a fundraiser to support the one-on-one mentoring happening in South West Michigan. Big Brother Big Sister is a volunteersupported mentoring network that makes meaningful, monitored matches between dedicated, caring volunteers (Bigs) and children (Littles), ages 6 through 18. The theme for this year's Bowl for Kids' Sake was Color Pop! Thank you to our CLS Team Members that participated in such a fun event: Gracie. Ruth. Javier. Peter and Kendall!

NATIONAL LAUNDRY DAY

National laundry day is April 15. We celebrated by giving our CLS Team Members two pairs of socks that say "We Love Dirty Laundry" from a popular song by The Eagles! If we sang praises for your hard work, we would lose our voices pretty quickly. Work is not always easy, but you always make it look easy! Thank you for your grit and grace under pressure. Keep knocking our socks off!

National Laundry Day!





START USING FINFIT



FinFit is accessible through your Paychex Flex account. FinFit has many different tools to offer you and your family when planning for the future or to help you create budgeting right now. Start using FinFit by logging into your Paychex Flex account and scrolling to the bottom where it says "Launch FinFit." Once you get logged in, you can use all of the useful tools such as the Coupon Vault, Moneyview Insights, FinFit Spending and Savings, a Budget Calculator, and much more. So log in and start your financial wellness journey today!

CHECK THIS OUT





This is Dozer. He is a Bulldog and his Owner Brad Kidd, is a CLS Team Member in our Maintenance Department. Dozer loves his CLS blanket and cannot sleep without it. Dozer also enjoys going for bike rides.



CLS CONNECT

CLS Connect is a great spot to get the latest news about upcoming events, company shout-outs, and much more. See a fellow CLS Team Member doing something great, being a leader, or staying positive? Send us a shout-out on CLS Connect so we can feature them and congratulate their win! Join us today at www.clsconnectonline.com.



EASTER FUN IN KALAMAZOO

On Saturday April 9, our Team Members and family had some fun hunting for Easter Eggs and

playing games.

























































