

Brr...the Cold is Here!

Greetings CLS Team Members,

As we head into February, we have many things to be excited for here at CLS. Winter is in full swing and with that our floor mat business is booming. Some of our customers are slower this time of year, while others are operating at full capacity. Our company is blessed to have many hard-working Team Members who are focused on growing our business and providing our customers with excellent service. Thank you to all of our Team Members and keep up the good work! We appreciate each one of you!



The first quarter of each year, our business is much slower than during the holiday season. This is a good time to catch up on all of the things in our departments that need to get done before the next busy season arrives in the spring. We also ask all of you to help us lower our costs during the slow months. Everyone can save utilities, supplies, and fuel during this time. Thanks in advance for doing your part.



CLS has many upcoming events to look forward to! Keep an eye out for information about Prom, the Easter Egg Hunt, the Wellness Fair, the February monthly game, and many more fun events!!

As winter continues, so does the cold and flu season. CLS needs each of one of our Team Members at work every day so please remember the following:

- Wash your hands often
- Cough and/or sneeze into your elbow, not your hand
- Disinfect all common surfaces often
- Stay healthy by getting enough sleep, eating well, and staying hydrated



Snow brings beauty to this time of the year, but it also brings dangerous conditions for driving and walking. Remember to watch your footing more carefully in and out of buildings and vehicles. Leave extra time for driving when roads are icy or slushy. It only takes a second for an accident to happen. We want each of you to arrive to work and home from work safely each day!!

Enjoy each crisp winter day and make the most of the sunshine!

We are CLS! Sarah, Kurt, and Ron

TO PREVENT HEART DISEASE AND STROKE

1. KNOW YOUR RISK

Check. Change. Control. Calculator to estimate your risk of a cardiovascular event in the next 10 years. Take Monthly Checkup with Experts

5 STEPS

Take Free Guide of Expert, It only takes mins Food which doen't spike blood sugar Eat Plantbase Good Proteins, Carbs, Vitamins

2. EAT A BALANCE DIET

3. BE PHYSICALLY ACTIVE

10,000 Steps Everyday is Mandatory get started by sitting less and moving more. increase your intensity for more benefits.

Food which doen't spike blood sugar Check your body mass index (BMI) online lose weight by eat few calories and moving more.

4. WATCH YOUR WEIGHT

5. DON'T TAKE IT LIGHTLY

Ignorance can lead to worse the situation Most people know it but don't care Don't Wate for right time, Just do it now.

FEBRUARY BIRTHDAYS

| Julie Pueblo | Feb. 2 |
|--------------------------|---------|
| Tyler Pelleran | Feb. 6 |
| Justin LaPoint | Feb. 7 |
| Dave Bartman | Feb. 9 |
| Dewayne Cotton | Feb. 9 |
| Javier Redondo Serna | Feb. 9 |
| Joseph Andersen | Feb. 10 |
| Jason Wolverton | Feb. 11 |
| Estrella Asbeury Cabrera | Feb. 14 |
| Kurt Brown | Feb. 14 |
| Orlando Bautista Lopez | Feb. 15 |
| Kevin Robinson | Feb. 17 |
| Pam Yarber | Feb. 20 |
| Gene Kruse | Feb. 21 |
| Alejandro Cruz Jimenez | Feb. 23 |
| Kurt Vander Meer | Feb. 23 |
| Alejandro Cruz Jimenez | Feb. 23 |
| Victor Santiago Garcia | Feb. 25 |
| Kasey Caldwell | Feb. 25 |
| Gerald Kopec | Feb. 28 |
| | |



FEBRUARY ANNIVERSARIES

| Greg Tuttle | 21 Years |
|--------------------|----------|
| Steve Sherburn | 10 Years |
| Lynne Miltenberger | 10 Years |
| James Brandt | 8 Years |
| Michael Toennessen | 4 Years |
| Joseph Stannard | 3 Years |
| Aaron Reason | 1 Year |
| Josue Zepeda | 1 Year |



VALENTINES DAY

We encourage everyone to wear pink, red, or white to celebrate Valentine's Day on Tuesday, February 14th. This is the perfect time to bring out that Pinktober shirt from October. Please send your pictures to <u>culturebuilder@clsimage.com</u> for a chance to be featured on CLS social media!





TRAINING THE NEXT GENERATION

Our Route Sales Professionals (RSP's) are the face of the company. Speaking of faces, check these two out! Pictured you see Barry Hopper, a 27-year veteran of CLS, with Tyler Forrest. Tyler started at CLS 8 months ago.

We are so proud of our veteran Team Members who take the time to help train our new hires. This is the best way of training!!

Thanks for showing Tyler the ropes Barry!

thank you

MAT CONTEST WINNERS

The following RSP's won prizes for their top performing sales numbers for the CSC Network during the recent nationwide mat promotion for being top performers! Great job, gentleman! Way to represent CLS in the national spotlight!



Brian Garret - Saginaw Kalvin Berner - Kalamazoo Dana Spencer - Grand Rapids Seth Parsons - Grand Rapids Nathan Strzelecki - Alpena Scott Dyorich - Livonia

CLS was so proud to have so very many top performers make the leader board. Congratulations!!

A NEW DAUGHTER

Congratulations to Nathan Strzelecki and his wife who welcomed a daughter into their family on January 6, 2023 at 7:46 a.m. Her name is Ellianna Rose and she weighed 6 lbs. 15 oz. and 20 inches long.

Congratulations on your new arrival!!



NEW MAINTENANCE SHOP – GRAND OPENING

The Maintenance Team has been busy relocating their Maintenance shop to the new addition at Manchester. On January 9, 2023 Joe Brenner, CLS Maintenance Director, cut the "ribbon" of caution tape to celebrate. The new location is much closer to our equipment and very organized. It was an exciting day!



BRANCH FUN AND GAMES!



Winners of the December game:

- Kevin Hill
- Jeremy Stoppa

Thanks for participating!!

