



# The Clothes Line

CLS Monthly Newsletter - Volume 13, Issue 11

May 2023

## CLS CARES!

Hello CLS Team Members:

Mother's Day is around the corner! Whether you are close to your Mother or not, it is important to remember and say thank you for everything our Mother's have done for us over the years! We also consider Mother's Day as the kick off to our busy season here at CLS. Soon we will see shelves at Covington begin to look emptier, the semi-trailers and route trucks get fuller, and soil returns get heavier. It is always exciting to see Michigan come alive during the spring!



We are hard at work planning for the upcoming **Ted Vander Meer Memorial Golf Classic** in August. The American Cancer Society holds a special place in our hearts here at CLS and our fundraiser is how we can support all they do! In the near future, you will see more information on the event and what you can do to get involved. Thanks for joining us in the FIGHT against cancer!

We want to hear from you! Recently the HR Team sent out an Engagement/Culture survey that focused on our Culture and Communication here at CLS. CLS is committed to wanting to improve our workplace for our Team Members and the best way to do that, is ask each of you! Thank you to everyone who participated. We take the feedback very seriously and are working on ways we can improve. Please continue to share your feelings, we appreciate it!!

## CORE 4 SPOTLIGHT

This month we would like to highlight another one of our Core Values – **Caring**. The definition of caring is the displaying of kindness and concern for others.

CLS cares for our customers, communities, and most importantly – our Team Members. We cannot express enough how much you all mean to us and every decision is made with our Team Members in mind. HR is passionate about this Core Value and will use the most recent survey to determine ways we can better care for all of you! Thank you for choosing

CLS as your home away from home!

Safety is no accident! An accident can happen at any time in the workplace, often when you least expect them. However, many on-the-job accidents can be avoided by focusing on safe practices. Always observe safety precautions before and during a task, even if those precautions make the task more inconvenient or take longer to complete. Cutting corners may not seem like a big deal, but doing so is a primary cause of accidents.

Thank you all for being a part of the CLS family. Together we will continue to be successful!

We are CLS!

Sarah, Kurt, Ron



# BEAT THE HEAT!!

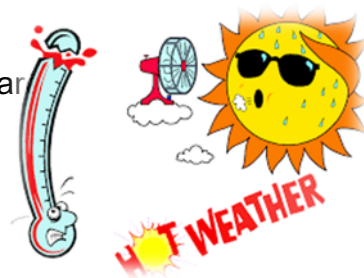
With upcoming weather for Spring and Summer, heat-related illnesses are cause for concern, and with summer almost here, it's time for a refresher on the best ways to beat the heat at work. Remember that severe heat-related illnesses like heat exhaustion can occur for several days after dehydration from exposure to high temperatures.

Follow these tips to prevent heat illness:

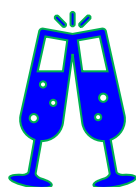
1. Drink water often, take breaks, and limit time in the heat.
2. Build up to heavy work gradually in hot conditions. Help workers become acclimated, especially workers who are new to working outdoors in the heat or have been away from work for a week or more. Gradually increase workloads and allow more frequent breaks during the first week of work.
3. Dress for summer. Wear lightweight, light-colored clothing to reflect heat and sunlight.
4. Foods such as meat and other proteins that increase metabolic heat production also increase water loss.
5. Drink plenty of water and nonalcoholic and decaffeinated fluids. Your body needs water to keep cool. So drink plenty of fluids even if you don't feel thirsty.

What to do if you suspect heat exhaustion or stroke

1. Get medical aid
2. Move to an air-conditioned environment or at least a cool, shaded area
3. Loosen or remove unnecessary clothing
4. Drink plenty of cool water
5. Fan and spray with cool water



May Birthdays	
Quierra Stevenson	May 2
Maria Rodriguez	May 3
Clelia Berfalia Mendoza	May 4
Gary Drake	May 7
Lee Marcotte	May 9
Magali G. Sanchez	May 12
John W. Waite	May 13
Hugo Mendez Hernandez	May 13
Vidiana Roads Mendez	May 14
Nancy M. Flores	May 15
Jonathan O. Ramirez	May 15
Brian a Bueno Ruiz	May 17
Dawn McMillen	May 20
Eleazar M. Hernandez	May 22
Judy Franulic	May 22
William N. Chefan	May 25



May Anniversaries	
Brad Bowers	21 Years
Adriana Lucero Gonzalez	20 Years
Brett Enos	20 Years
Adela Ortiz	18 Years
Alicia Nonato-Garcia	16 Years
Joe Brenner	12 Years
Gracie Garcia	12 Years
Elaine Brinkert	10 Years
Chad Gentry	10 Years
Marci Stephenson	6 Years
Adilene Antonia Hernandez	6 Years
Adela Beltran	6 Years
Steve McCann	4 Years
Alejandro Cruz Jimenez	2 Years



**HAPPY BIRTHDAY!**

*-Happy- Anniversary*

## Holidays for this Month



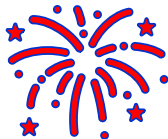
### Cinco de Mayo

May is National Cinco de Mayo is a yearly celebration held on May 5, which commemorates the anniversary of Mexico's victory over the Second French Empire at the Battle of Puebla in 1862, led by General Ignacio Zaragoza. The victory over the French army was a morale boost for the Mexicans. Cinco de Mayo has become associated with the celebration of Mexican- American culture. Celebrations began in California, where they have been observed annually since 1863. The day gained nationwide popularity beyond those of Mexican-American heritage in the 1980s due to advertising campaigns by beer, wine, and tequila companies; today, Cinco de Mayo generates beer sales on par with the Super Bowl. In Mexico, the commemoration of the battle continues to be mostly ceremonial, such as through military parades or battle reenactments.



The city of Puebla marks the event with various festivals and reenactments of the battle.

Cinco de Mayo is sometimes mistaken for Mexico's Independence Day—the most important national holiday in Mexico—which is celebrated on September 16, commemorating the Cry of Dolores in 1810, which initiated the war for Mexican independence from Spain. Cinco de Mayo has been referenced and featured in entertainment media and has become an increasingly global celebration of Mexican culture, cuisine, and heritage.



## MOTHER'S DAY

Don't forget to give your wife, mother, stepmom, foster mom, aunt, and grandma a gift, send a card, take her out for dinner, or buy her some lovely flowers to show them they are special. Even the gift of time is appreciated. We wish you all a wonderful day and a fantastic year. May motherhood bring you only joy and happiness! Today, we honor the co-workers who seem to have the best time-management skills — working mothers. Thank you for everything you do, and congratulations!



## MEMORIAL DAY

Memorial Day (originally known as Decoration Day) is a federal holiday in the United States for mourning the U.S. military personnel who have died while serving in the United States armed forces. It is observed on the last Monday of May. From 1868 to 1970, it was observed on May 30.

Many people visit cemeteries and memorials on Memorial Day to honor and mourn those who died while serving in the U.S. military. Many volunteers place American flags on the graves of military personnel in national cemeteries. Memorial Day is also considered the unofficial beginning of summer in the United States.



## TRAINING

Since I started here at CLS, I have wanted to create a supervisory training program to prepare interested Team Members to become a Team Leader, Production Leader, or a Supervisor at CLS. I have finally done it!! I developed the Bronze/Silver/Gold Supervisory Skills Modules.

### Supervisory Skills Modules



GOLD / SILVER / BRONZE

To be eligible to be a Team Leader, you must complete the Bronze Module. In addition, a Production Leader must complete the Bronze and Silver Modules, and Supervisor must successfully complete all three – Bronze, Silver, and Gold Modules.

To be eligible to be considered for the program, you must have good attendance, a great attitude, participate in events, and be willing to give ideas and opinions. If you want to learn more about the program, please see Human Resources. – **Dawn McMillen**

## ADDITIONAL TRAINING

Our recent Culture and Engagement survey asked if Team Members received enough initial and ongoing training to perform their job well. We also asked if we encouraged Team Members to develop professionally and acquire new skill sets. We heard that some Team Members wanted additional training in various areas that may or may not necessarily be required to perform their current job well.

CLS would like to offer our Team Members the opportunity to gain training in various areas, including:

- ✓ Administrative Assistant and Front Desk
- ✓ Customer Service
- ✓ Grammar and Business Writing
- ✓ Management and Leadership
- ✓ Microsoft Office
- ✓ Project Management
- ✓ Time Management
- ✓ Communication
- ✓ Human Resources
- ✓ Marketing OSHA and Workplace Safety
- ✓ Quickbooks
- ✓ Computer Software
- ✓ Finance and Accounting
- ✓ IT
- ✓ Microsoft Excel
- ✓ Personal Development
- ✓ Sales Training

### May is Mental Health Awareness Month

This is an opportunity for all of us to come together and remember the value we each hold — no matter our diagnosis, appearance, status, background or ability. We want every person out there to know that if all you did was wake up today, that's *more than enough*. No matter what, you are inherently worthy of *more than enough* life, love and healing. Showing up, just as you are, for yourself and the people around you is *more than enough*.

No matter what my depression tells me, I am worthy of love, I am worthy of acceptance, I am worthy of fulfillment. I am more than enough!

REMINDER: Your worth is not measured by your productivity. You deserve love and healing just as you are. You are more than enough!

If someone you love is going through a hard time, you don't need to have all the answers. Just being there is more than enough!



# CLS CONNECT

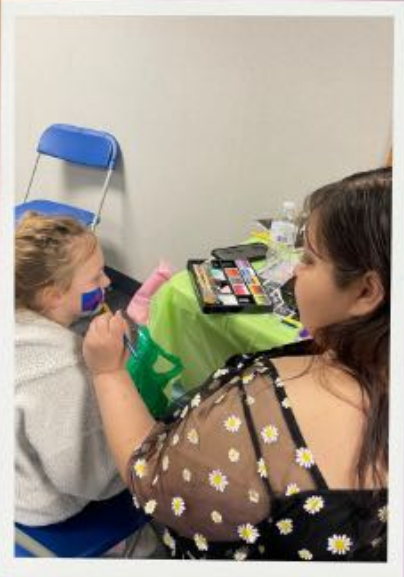
CLS Connect is a great spot to get the latest news about upcoming events, company shout-outs, and more. See a fellow CLS Team Member doing something great, being a leader, or staying positive? Please send us a shout-out on CLS Connect so we can feature them and congratulate their win! Join us today at [www.clsconnectonline.com](http://www.clsconnectonline.com).



## EASTER EGG HUNT

On Saturday, April 1, our Team Members and family had some fun at the Easter Egg hunt, playing games and doing crafts. We had entertaining activities for the kids, including face painting, a candy guessing game, and snacks. We even had the Easter bunny and carrot come visit for a little while.





# BINGO GAME: CORE VALUES

We had fun playing our CLS Core Value Bingo Game with our Covington and Manchester Team Members. There was a lot of laughter shared with the office staff at Manchester while playing the game and learning new Spanish words. It was a lot of fun!!!

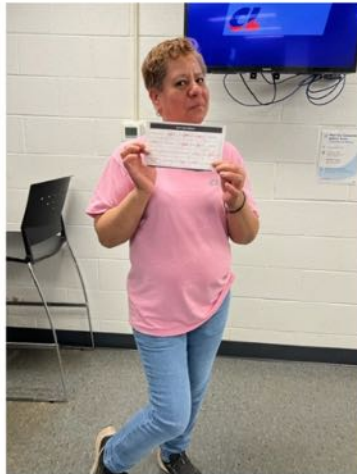
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N



G



O



Estrella Bonilla, Manchester Production



Our  
WINNERS  
for  
BINGO!!!



Steve Sherburn, Controller



Trairi Reyes, Manchester Production



Delfina "Carmen" Santos, Covington Production



**BINGO!**