

CLS Monthly Newsletter - Volume 14, Issue 1

Summer Events at CLS

Greetings CLS Team Members!

The 4th of July is the historic day we celebrate the anniversary of our great nation. The reason we celebrate this day is because of our fallen and serving soldiers. These soldiers have fought in the past and many more are still fighting for our country, lives, and freedom so that we can all live in peace. We thank these men and women for their service and for keeping our country safe and strong. Remember, the 4th of July is more than just another holiday with friends and family!

Speaking of the 4th of July holiday, we know the work schedule is not ideal because the holiday is on Tuesday. Thank you all for your flexibility as we work hard to take care of our customers' needs. We appreciate you all!

On Saturday June 24, 2023 CLS hosted our 124th Anniversary/Birthday Party. CLS has deep roots here in Kalamazoo and we are proud to share our story. The party was a huge success as we welcomed approximately 100 Team Members along with their families to our facilities in Kalamazoo. The HR Team and the Culture Club had many hours of planning to make the party a success! Thank you everyone for making CLS such a fun place to work! Be sure to check out the pictures later in the newsletter.



The Ted Vander Meer Memorial Golf Classic is coming on August 21st. CLS is proud to re-introduce this event to support the American Cancer Society. So much work goes into planning this event and we are approaching the final weeks of preparation. We are very grateful to all of our Team Members who are helping to make the event a success.

Soon we will be announcing the lunchtime fundraising activies planned for our Team Members here in Kalamazoo. All donations are accepted, no matter how small. We have all experienced cancer - in our families, our friends, and our communities. Together we are making a difference in the fight for the cure.

Here at CLS, we often talk about Safety because we want our Team Members to be healthy! Our Team Members mean so much to us and each day we want you going home to your families safely. We have been improving our safety record continuously at CLS for several years now and we ask all of you to work safe every day. Thanks for your commitment to making CLS safe!

As summer continues, we hope each of you takes time to enjoy what Michigan has to offer and get outside. Everyone needs time away from work to rest, relax, and recharge. Make sure to take this time for yourself!! CLS will miss you, however, we also want our Team Members to have a good work/life balance. Enjoy it!



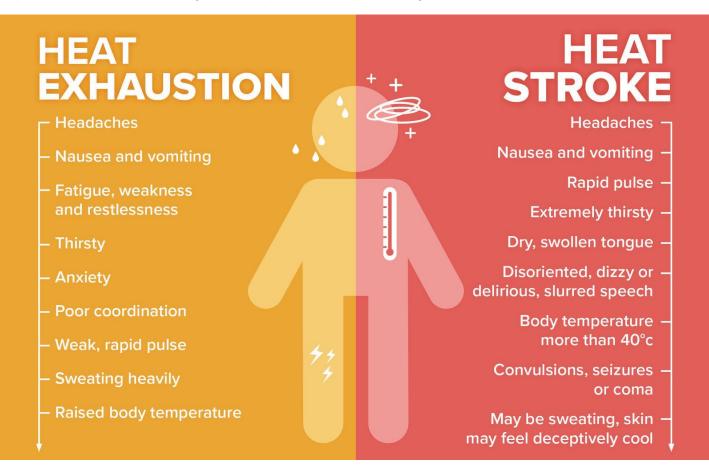
We are CLS! Sarah, Kurt, Ron





Heat Exhaustion vs. Heat Stroke

Heat exhaustion or heat stroke can happen when your body is overheating. Often, this is caused by prolonged exposure to the sun or working in hot temperatures. Know the signs!



HERE ARE SOME STEPS TO PREVENT HEAT RELATED ILLNESSES:

- 1. Wear loose-fitting, lightweight clothing. Wearing too much clothing or clothing that fits tightly won't allow your body to cool properly.
- 2. Drink plenty of fluids. Staying hydrated helps your body sweat and keep a normal body temperature.
- 3. Be careful with certain medicines. Watch for heat-related problems if you take medicines that can affect your body's ability to stay hydrated and respond to heat.
- 4. **Never leave anyone in a parked car.** It's not safe to leave someone in a parked car in warm or hot weather, even if the windows are cracked or the car is in the shade. Keep parked cars locked to prevent a child from getting inside.
- 5. **Take it easy during the hottest parts of the day.** If you can't avoid strenuous activity in hot weather, drink fluids and rest often in a cool spot. Try to schedule exercise or physical labor for cooler parts of the day, such as early morning or evening.
- 6. **Get acclimated.** Limit time spent working or exercising in heat until you're conditioned to it. People who aren't used to hot weather are especially susceptible to heat-related illnesses. It can take several weeks for your body to adjust to hot weather.
- 7. Be cautious if you're at increased risk. Be cautious if you take medicines or have a condition that increases your risk of heat-related problems, such as a history of prior heat illness. Avoid the heat and act quickly if you notice symptoms of overheating. If you take part in a strenuous sporting event or activity in hot weather, ensure medical services are ready in case of a heat emergency.

JULY BIRTHDAYS	
Leah Wrubel	July 3
Ana Armijo	July 8
Steve McCann	July 9
Adriana Lucero Gonzalez	July 11
Scott Dyorich	July 11
Camilo Hernandez	July 13
Joe Brenner	July 14
Andrew Myszak	July 16
Brandon Balbo	July 18
James Matthysse	July 19
Selena Acosta-Olazaran	July 23
Josue Zepeda	July 25
Carlos Lopez Torres	July 26
Catalina Garcia Basilio	July 27
Adilene A Hernandez	July 29
Jordan Grant	July 31



JULY ANNIVERSARIES	
Clara Counterman	44 Years
Derek Anderson	38 Years
Jon Crane	24 Years
Manuel Belmont	16 Years
Marcia Aguirre Vazquez	15 years
Antonio Toledo Licona	15 Years
Pam Yarber	14 Years
Errick Hutson	13 Years
Kevin Robinson	13 Years
Gregory Robertson	8 Years
Bill Aton	5 Years
Cristina Elias Ramirez	5 Years
Esequiel Esparza	5 Years
Andrew Shiery	4 Years
Peter Sanchez	4 Years
Michael Bowen	3 Years
Stephen Saxe	2 Years
Gilman Cardona	2 Years
Austin Quibell	2 Years
Ryan Toohey	2 Years
Tyler Pelleran	2 Years
Kurt Brown	2 Years
Brian Garrett	2 Years
Delfina Santos Bolanos	1 Year
Brian Hirdning	1 Year
Danna Ramiro Mejia	1 Year

UPCOMING EVENTS

FORGIVENESS DAY JULY 7

Forgiveness Day

It is commonly known that harboring anger is detrimental to our wellbeing. This is why we hold Global Forgiveness Day in high regard, which is observed annually on **July 7th**. Its purpose is to promote kindness and encourage people to let go of grudges, leading to a more compassionate world and freer of negativity.

Tequila Day

Tequila Day will be celebrated on **July 24**th. Tequila has a rich history dating back to the Aztec civilization when they fermented the sap of agave plants to make pulque. When Spanish conquerors arrived in Mexico in the 16th century, they began distilling a spirit from the agave plant, which eventually became the popular drink known as Tequila. The origins of National Tequila Day are fairly recent, believed to have started in the late 1990s to early 2000s. People come together on National Tequila Day to celebrate the Mexican tradition of the blue agave plant.



CLS SPIRIT WEEK

We held Spirit Week from June 12-16. It was a fantastic way to kick off the summer! Our Team Members in Kalamazoo had a great time dressing up and participating in the event. Look at all the smiles!!





Promotion Winners

CLS participated in the Restroom Roundup promotion through CSC Network recently. Thank you to our Teams for making the promotion such a success. Congratulations to the lucky winners whose names were drawn during the raffle!

\$500 Winners -

Dewayne Cotton - Saginaw RSP Cory Whitlow – Grand Rapids CC Brian Garret - Saginaw RSP **\$250 Winners-**Nate Strezelecki - Alpena RSP Perry Shepard - Kalamazoo RSP Dylan Farley - Livonia RSP

We have such a motivated Team! During these promotions, the more you sell, the better your chances are of earning these extra payouts! Congratulations to the winners...the payouts are well deserved!



Garage Sale

Our garage sale/free event was a great success! Thank you to all of our Team Members who generously donated!

We also want to thank those who came out to shop. We hope everyone enjoyed the event and look forward to organizing more in the future.





for

Game Time



CLS Celebrates 124th Anniversary

A heartfelt thank you to all those who joined us to celebrate CLS's 124th birthday. The event was a resounding success! From the delightful face painting and scrumptious food to the exhilarating bounce house, engaging tours, exciting raffles, thrilling games, amusing dunk tank, and the pie-eating contest. We enjoyed your presence and would love to hear your feedback. We look forward to organizing another event like this in the future!







Happy 124th Rirthday

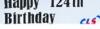


Happy 124th Rirthdav

















Happy 124th Birthday



Happy 124th Birthday





Happy 124th Birthday



Happy 124th Rirthday







Happy 124th Birthdav







* Winners! *



Welcome to the TEAM!

JON ATHENS

As CLS continues to grow, so does our Leadership Team! We are excited to introduce Jon Athens, who will join the Executive Team as our new Operations Director, effective July 5, 2023.

Jon spent almost eight years at Cintas. During his tenure at Cintas, he spent a significant amount of time in key leadership roles both in Production and Service. Jon spent his last two years at Cintas running the largest production facility in the Southeast Group, encompassing Alabama, Georgia, a portion of Tennessee, and a portion of Florida. Jon was also an Operations Captain for the Southeast group, a role for key leaders to help mentor new managers taking over roles in Service or Production and help the Group with key initiatives.



Fun Facts and Personal Life:

- He is one of 10 children
- He played Division 1 lacrosse at Presbyterian College and coached lacrosse for two years at the collegiate level while getting his MBA
- He and his wife, Anne-Marie, have four children Grace, Ryker, Grant, and Caleb

Jon says they are all very excited to join the CLS team, and he is looking forward to helping contribute to the organization's continued success! Welcome Jon!



Please join us in warmly welcoming our new Marketing Specialist, Drew Duncan. Drew is excited to bring their wealth of experience, strategic thinking, and commitment to CLS. As our Marketing Specialist, Drew will lead our marketing efforts, harnessing their expertise to propel our brand forward, captivate audiences, tell the robust story of our brand, and drive business success.

We're thrilled to have Drew join our team and look forward to their innovative ideas, leadership, and unwavering commitment to achieving remarkable results. Please join us in welcoming Drew to the CLS family!



Congrats!

On Friday June 23, 2023 we celebrated Derek Anderson's retirement. After 38 years of dedicated work, Derek has decided to hang up his CLS hat. Derek has been instrumental with the development of the Cadillac location for decades. He will be missed!

Congratulations on your retirement Derek!