



# MONTHLY NEWSLETTER

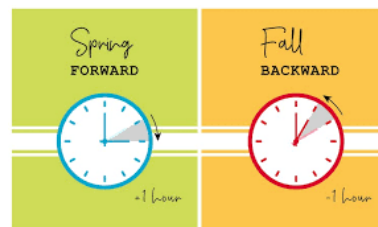
Vol. 14/ issue 5  
November 2023



## The Clothes Line

### Daylight Savings Time November 5<sup>th</sup>

The second Sunday of November is daylight savings time. At 2 a.m. we'll be changing our clocks back an hour for more daylight during the day.



# Monthly Message

Every November, it's time to begin preparation for the winter months, whether that means pulling out your winter coat, adding another blanket to your bed, or searching for the perfect pumpkin pie recipe. It also means the days are quickly getting shorter so be sure to leave extra time to warm up your car and get your gloves on before your commute!



As we head into the holiday season, there will be changes to schedules to accommodate upcoming days off. We always try to set our work schedules to allow our Team Members to enjoy the holidays while still meeting the needs of our valuable customers. This is not an easy task! Thank you all in advance for being flexible to help the business run smoothly through the holidays.

Thank you to our Team Members at Manchester Road in the Office area for your continued patience as we have been under construction. Starting the project, our plan was for new paint and carpet, but a few complications have popped up causing delays. We are hopeful before too long everything will be put back together!

Ownership has begun our visits to the branch locations to hold our Annual Meetings. We love seeing all our Team Members and sharing information related to the business. As a Family-Owned company, we know how important each of our Team Members are and are so proud! Thank you for everything you do!! You are appreciated!



The Service Team is in the middle of the annual "Gridiron" Mat contest. The contest is off to a fantastic start and there is still time left in the game to "score" more sales. Our customers count on CLS to recommend products and services to keep their workplaces safe and clean. Which branch will come out on top?

We encourage each one of you to take time for yourself during the craziness of year end activities and holidays. Having personal time to reflect, relax, and rest is extremely important to your mental and emotional wellbeing. Your family also benefits from you having a clear mind so schedule some time just for yourself!

Thank you for making CLS a great place to work!  
We are CLS!  
Sarah, Kurt, Ron

# Upcoming Events



## November Birthdays!

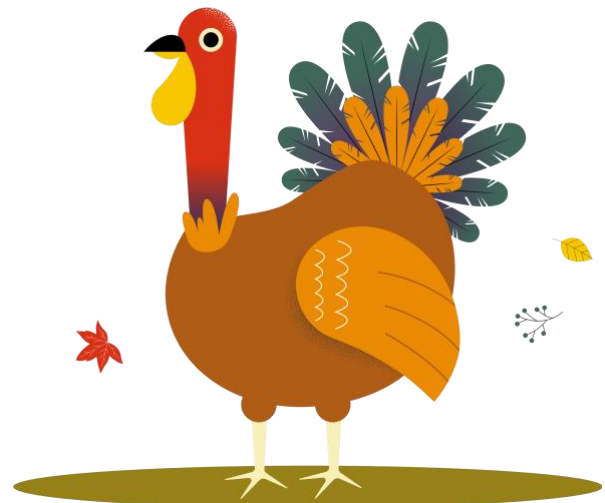
<b>Bradley Kidd</b>	<b>Nov 1<sup>st</sup></b>
<b>Marcia Carlota Aguirre</b>	<b>Nov 2<sup>nd</sup></b>
<b>Gracie Garcia</b>	<b>Nov 4<sup>th</sup></b>
<b>Brett Enos</b>	<b>Nov 5<sup>th</sup></b>
<b>Nancy Laylon</b>	<b>Nov 6<sup>th</sup></b>
<b>Griselda Diaz Silva</b>	<b>Nov 8<sup>th</sup></b>
<b>Gregory Place</b>	<b>Nov 11<sup>th</sup></b>
<b>Steven Sherburn</b>	<b>Nov 11<sup>th</sup></b>
<b>Sarah Wrubel</b>	<b>Nov 11<sup>th</sup></b>
<b>Elizabeth Simbron Francisco</b>	<b>Nov 12<sup>th</sup></b>
<b>Kevin Simbron Sanchez</b>	<b>Nov 12<sup>th</sup></b>
<b>Deldania Helena Ortega</b>	<b>Nov 13<sup>th</sup></b>
<b>Ramon Rosario Rosado</b>	<b>Nov 14<sup>th</sup></b>
<b>Maribel Marquez Hernandez</b>	<b>Nov 15<sup>th</sup></b>
<b>Anthony Smith</b>	<b>Nov 17<sup>th</sup></b>
<b>Consuelo Ramirez</b>	<b>Nov 18<sup>th</sup></b>
<b>Steven Royal</b>	<b>Nov 18<sup>th</sup></b>
<b>Javier Flores</b>	<b>Nov 18<sup>th</sup></b>
<b>Alicia Nonato Garcia</b>	<b>Nov 19<sup>th</sup></b>
<b>Sonja Hughes</b>	<b>Nov 25<sup>th</sup></b>
<b>Noe Garcia Antonio</b>	<b>Nov 26<sup>th</sup></b>
<b>Melanie McDermott</b>	<b>Nov 27<sup>th</sup></b>
<b>Douglas Klatt</b>	<b>Nov 29<sup>th</sup></b>



## November Anniversaries!

<b>Joyce Burnett</b>	<b>26 Years</b>
<b>Maria Gutierrez Martinez</b>	<b>21 Years</b>
<b>Steven Royal</b>	<b>14 Years</b>
<b>Sonja Hughes</b>	<b>6 Years</b>
<b>Maria Rodriguez</b>	<b>6 Years</b>
<b>Ramon Gomez</b>	<b>4 Years</b>
<b>Ramon Rosario Rosado</b>	<b>3 Years</b>
<b>Cody Rickerson</b>	<b>2 Years</b>
<b>Nancy Laylon</b>	<b>2 Years</b>
<b>Joseph Andersen</b>	<b>2 Years</b>
<b>Rachael Bozeman</b>	<b>1 Year</b>
<b>Griselda Diaz Silva</b>	<b>1 Year</b>
<b>Maria Santiago Garcia</b>	<b>1 Year</b>
<b>John Waite</b>	<b>1 Year</b>

## Another Year In The Books!



# Upcoming Events



## Veteran's Day

November 11th

Veterans Day, a federal holiday that falls on November 11, is designated as a day to honor the more than 19 million men and women who have served in the U.S. military.

## Potluck

November 22<sup>nd</sup> @11 a.m.

We will be hosting a potluck in Kalamazoo to celebrate Thanksgiving. Team members are encouraged to show off their cooking skills and share a good time with the CLS family.



## Thanksgiving

November 23<sup>rd</sup>

This November 23<sup>rd</sup> is Thanksgiving, a day to celebrate harvest and the blessings of the past year. Family and friends gather to feast on turkey because it is a known tradition in American culture. Have a great Thanksgiving!

## Small Business Saturday

November 25<sup>th</sup>

Small Business Saturday is an annual event that was created to encourage consumers to shop locally at small businesses. This event takes place every November and represents a significant opportunity to increase sales for small businesses during the holiday shopping season.



# Extras



**Brett Enos** generously reached out to Southwest Michigan Dermatology to give them a donation which ended up making their event a success. Brett, alongside CLS, was able to donate a TV and table linens to Southwest Michigan Dermatology. They were extremely grateful for the donation and even more grateful for the relationship that Brett has created with their company!

## CLS Health Center Offers Virtual Visits



**Virtual visits are ideal for those individuals where an on-site visit is not an option.**

This service is available to all CLS Team Members and dependents enrolled in our medical plan. If you are enrolled in the Enhanced plan, there is no cost. If you are on the Standard plan, the visits are only \$20.

Below are the hours and contact information for the center:

### Health Centered Employee Wellness

3520 Covington Rd  
Kalamazoo, MI 49001  
269-924-0500

Mon: 7:00 AM – 3:30 PM  
Tue: CLOSED  
Wed: 7:00 AM – 5:30 PM  
Thu: 7:00 AM – 1:00 PM  
Fri: CLOSED



#### SCHEDULE AN APPOINTMENT

Learn more about eligibility, cost and health center info by scanning the QR code or calling 269-924-0500 | [my.marathon-health.com](http://my.marathon-health.com)



We encourage you to take a couple of minutes to get enrolled on the site ahead of time. That way, when you need help, you can quickly reach out to make an appointment.

Visit [my.marathon-health.com](http://my.marathon-health.com) and click "NEW?" Register now.

# Benefits Overview



Continental Linen Services (CLS) has partnered with Marathon Health to provide you with access to primary care services at little or no cost to you. Marathon Health is one of the industry's leading providers of employer-sponsored healthcare, partnering with more than 200 companies across the nation. When you take advantage of this health benefit, you get access to healthcare that is convenient, cost-effective and confidential.

## Eligibility

All employees, spouses and dependents (ages 2+) who participate in a CLS health plan are eligible for health center services.

## Cost

Services are FREE for those on the Enhanced Plan. For those on the Standard Plan, there is a \$20 fee for all services.

## Confidential

The care you receive at Marathon Health and your personal health information are protected by state and federal law. Your personal health information will not be shared with your employer without your written consent.

## Services

You and your family members will have access to Health Centered Employee Wellness, our near-site health center. Services include preventive and sick care, chronic condition management, health coaching and lab services.



**WINNER!!!**

**Adela Ortiz**

Adela was the winner of the \$100 raffle drawing. All of those Team Members who attended the Health Center Open House were entered into the drawing.

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**LEARN MORE ABOUT  
MARATHON HEALTH:**

[marathon-health.com/members](http://marathon-health.com/members)



# Halloween Party



**Halloween Party**  
October 28th, 2023

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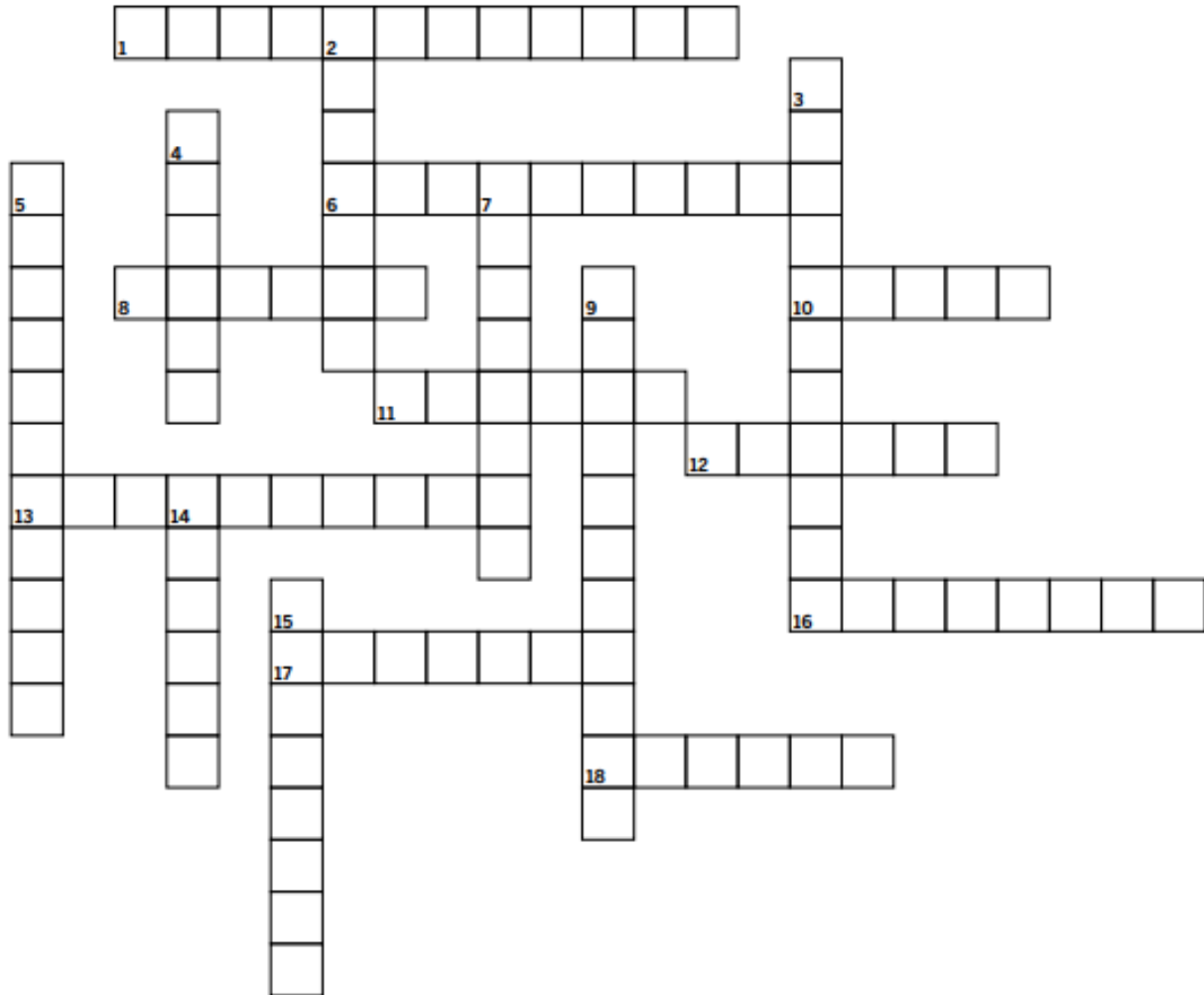
# Halloween Party





# Let's Give Thanks

Can you name these things commonly associated with the National Day of Feast.



**Across**

- 1. National day of feast
- 6. Horn of plenty
- 8. Woman's headwear in the 1800s
- 10. When retailers turn a profit: \_\_\_\_\_ Friday
- 11. Relatives
- 12. It's often stuffed at holidays
- 13. Traditional Thanksgiving dessert

- 16. Poultry dressing
- 17. Seafood sometimes used in poultry dressing
- 18. Colorful season

**Down**

- 2. Often, the home's hub
- 3. Fruit used in sauce
- 4. Kids don't have this on holidays

- 5. Eye-catching table display
- 7. Thanksgiving month
- 9. Man's headdress at Plymouth Rock
- 14. Macy's Thanksgiving Day \_\_\_\_\_
- 15. Popular TV fare on Thanksgiving Day





**Have A Good  
Month!**

**CLS**  
Continental Linen Services

**ADDRESS:**

4200 Manchester Rd,  
Kalamazoo, MI 49001