



MONTHLY NEWSLETTER

Vol. 17/ Issue 12
June 2024



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Monthly Message

Hello CLS Team Members:

June 2024 will be full of exciting events as we celebrate our 125th Year in business. CLS has been resilient over the years surviving many challenges along the way. Our success is attributed to our amazing Team Members who have withstood many ups and downs. So much has changed from the way we iron our products to the delivery vehicles we use.

Our 125th year logo is now displayed on our invoices and social media platforms. We will be using this revised logo for the next several months in celebration of our big achievement. Below are the other ways we are celebrating that will be rolled out over the next few weeks:



CLS MAP

To commemorate our anniversary, we had a local graphic designer create a map of the state of Michigan that depicts our company's journey through Michigan's history. Our CLS locations are placed on the map along with icons demonstrating Michigan's rich natural wonders, food scenes, and important locations. See the map on page 5 of the newsletter. As an extra bonus, the Map is also featured on CLSimage.com and when you hover over the locations, a picture of the local service team pops up! We hope you enjoy it!



MURAL

CLS has partnered with Western Michigan University to have a customer mural designed to celebrate our 125th Year. The students are already working hard on the project and our Maintenance Team is working on the frame in the Covington lawn along Manchester Road. We plan to unveil the mural on June 12th during a short ceremony. CLS Team Members will be given a t-shirt to wear so we can take a group photo by the mural. Exciting!!

GROWLER'S GAME

The final preparations are being made for our baseball game on June 15. We have over 275+ Team Members and their extended family members registered for the celebration. It will be a fun night of games, food, and fellowship as we spend a night at the ballpark. See you at the game!!

Summer in Michigan is a beautiful time to enjoy everything Michigan has to offer. We hope you enjoy celebrating with us! We are CLS!

Sarah, Kurt, Ron



June Highlights

June is Men's Health and National Blood Pressure Month. It's an opportunity to take stock of your own health and make your mental and physical health a priority.



June Birthdays

Geoff Major	6/06
Erasmio Nunez Diaz	6/09
Sara Bergstrand	6/10
Griselda Mares	6/10
Mabel Gomez	6/14
Ian Bardo	6/15
Dylan Farley	6/17
Kyle Ackermann	6/18
George Fotis	6/19
Cristina Elias	6/24
Linsdey Peters	6/28
Nathan Strzelecki	6/22
Aaron Reason	6/24
Dana Duncan	6/25
Terecita Mejia	6/27
Hector Toledo Reyes	6/30



Kalamazoo Growlers

June 15, 2024

Celebrate Good Times!
We're gearing up for a grand slam day with Team Members, families, and friends.
Go Growlers!!!

Father's Day

June 16, 2024

Whether a father, grandfather, uncle, stepfather, foster parent, or other caregiver, honor and appreciate the love, sacrifice, and support they provide. Consider honoring these Father Figures today!



June Anniversaries

Kurt Vander Meer	44 years
Josefina Torres	23 years
Rosa Ramiro Mejia	17 years
Stacy Ackley	5 years
Quierra Stevenson	5 years
Araceli Arcos Gomez	3 years
Clelia Berfalia Mendoza	3 years
Elizabeth Simbron Francisco	3 years
Martha Santiago Martinez	3 years
Laura Pozos Duran	2 years
Javier Redondo Serna	2 years
Douglas Klatt	2 years
Kyle Hartman	1 year
Ian Bardo	1 year
Jante Nellum	1 year
Zackary Elliot	1 year
Israel Salvador Felipe	1 year
Katherin Varela	1 year
Drew Duncan	1 year
Leticia Santos Garcia	1 year
Norma Serrano De Olmos	1 year
Elvira Rodriguez Garcia	1 year
Susana Matzar	1 year
Jesus Vidal	1 year

Juneteenth

June 19, 2024

Commemorates the end of slavery in the United States. It marks the day in 1865 when Union General Gordon Granger arrived in Galveston, Texas, and announced that all enslaved people were free, more than two years after the Emancipation Proclamation.



Spirit Days



Baseball Hat Day!
June 14



Hawaiian Shirt Day!
June 24

Hot Off The Press

CELEBRATING 125 YEARS OF LAUNDRY

Our family-owned company has proudly served Michigan for 125 years. The state of Michigan inspires us to stay committed to our roots while continually striving for excellence in all that we do. We hope you enjoy the commemorative map on page 5 marking our company's journey through Michigan's history!

We will never forget, our success is because of our dedicated Team Members that we consider family. Your hard work and passion are the heartbeat of our company. We truly appreciate your commitment to our company and to all the customers we serve.



Scan to view map!

Thank you ALL for being part of our Family, our Story and our Journey!
Scan the QR Code for a Map Coloring Page!

GAME DAY!

JUNE 15, 2024 6:30 P.M.

YOUR PRE-BOOKED TICKETS WILL BE DELIVERED TO BRANCHES OR DISTRIBUTED IN KALAMAZOO BY JUNE 6!

Free Parking or \$10 for VIP
Use your ticket to enter stadium then make your way to the MILLER LITE TRAP for check-in and wristbands.

Dress for the sun!
(CLS shirts optional)

Come hungry!

Meet your guests at the Main Gate and come in together for easy check-in



125 SHIRTS!

We had some special 125th anniversary shirts created, stay tuned for delivery!



MURAL REVEAL! JUNE 12TH

Join us at Covington (on the front lawn) for the unveiling of the amazing 125th Anniversary Mural. This is a huge art installation that measures 8x24 feet, and is a surprise to everyone! Get ready to take a memorable Photo!



CELEBRATING
CLS
125 YEARS
1899-2024



CLS
ALPENA
FOUNDED 2001

WELCOME

CLS
CABILLAC
FOUNDED 1964

CLS
SAGINAW
FOUNDED 1979

CLS
GRAND RAPIDS
FOUNDED 1977

CLS
LIVONIA
FOUNDED 1978

CLS
KALAMAZOO
FOUNDED 1899

Safety

Summer Safety: Beat the Heat with Smart Practices

As summer arrives, rising temperatures can pose significant risks. Heat stress is a serious concern, but with the right precautions, we can stay safe and productive. Here are some key tips and reminders to help you beat the heat this summer.

Understanding Heat Stress

Heat stress happens when the body can't cool itself enough, leading to heat exhaustion or heat stroke. Watch out for these symptoms:

- Heavy sweating
- Weakness or fatigue
- Dizziness or confusion
- Nausea or vomiting
- Rapid heartbeat
- Headache

Stay Hydrated - Drink Plenty of Water

One of the most effective ways to combat heat stress is to stay hydrated. Here are some hydration tips:

- Aim to drink at least 8 ounces of water every 20 minutes.
- Avoid caffeine and sugary drinks: These can dehydrate you.
- Replenish electrolytes: Consider drinking sports drinks that can help replace lost salts and minerals.

Dress Appropriately

What you wear can make a big difference in staying cool:

- Lightweight and breathable clothing: Wear loose-fitting clothes made of breathable fabrics like cotton.
- Light-colored clothes: Dark colors absorb more heat, so opt for lighter shades.
- Protective gear: If your role requires personal protective equipment (PPE), make sure it's suitable for hot conditions.

Breaks

- Schedule break periods: Take breaks in shaded or airconditioned areas.
- Listen to your body: If you feel symptoms of heat stress, notify someone immediately.

Know the Emergency Procedures

In case someone shows signs of heat-related illness, it's crucial to act quickly:

- Move the person to a cooler environment.
- Provide water or electrolyte drinks.
- Cool the person with wet towels.
- Seek medical help immediately if symptoms are severe.

Let's work together to ensure a safe and healthy summer for everyone.
Stay safe and cool!



Health & Wellness

June: National Blood Pressure and Men's Health Month

This June, we're focusing on two vital health initiatives: National Blood Pressure Month and Men's Health Month. Our goal is to ensure everyone knows their blood pressure numbers and encourage men to prioritize their health.



MEN...Your Health Matters!

You are an important part of our team, our community, and our lives. Your health and well-being matter, not just to you, but to everyone around you. Take this month to focus on yourself, make healthier choices, and set a positive example for others. Get your annual physical, know your numbers and be good to yourself! Your loved ones and friends are looking to you!

What's The Big Deal if my Blood Pressure is High?

Did you know that high blood pressure often shows no symptoms, but can lead to serious health problems? It can damage blood vessels and organs and uncontrolled blood pressure can lead to complications including heart attack or stroke. Protect your health by taking advantage of **FREE blood pressure checks** at places like Walgreens, Meijer, and most pharmacies in your local areas. Get into the ideal range: 120/80 or lower!



THE HEALTHY GRILL MASTER

Nutrient Retention: Grilling is a gentle cooking method that exposes food to less heat than frying or roasting. This helps retain more nutrients and antioxidants in your food, making your grilled dishes tasty and healthier.

Before you Clean that Grill...

The Old Way!

The painful truth is that those little brass or steel grill brush bristles can actually break loose from the brush head, get stuck in residue on the cooking grates, and eventually end up in someone's food, leading to throat or abdominal injuries.

The New Way!

Nylon bristle brush. Welding wire brush. Pumice stones. Stainless steel pot scrubber.

Happy Healthy Grilling!

TOP TIPS

- Let meat get to room temperature before grilling.
- Preheat - make sure your grill is hot.
- Start with a clean grill.
- Oil the grill grates (*think flavored oils*).
- Don't move food around or over flip!
- Leave the lid closed.
- Let meat rest up to 10 minutes before eating.
- Use a grill basket.
- Know whether to cook foods directly or indirectly.
- Add sauce at the end of the grilling.
- Veggies are better grilled! Use a Grill Basket.

In the News

45 Years

Clara (Clarita) Counterman

“The Laundry Legend”

For forty-five years, you've been a star,
 Guiding forward, near and far.
 With wisdom, warmth, and a caring heart, a
 legend of laundry you've been from the start,
 playing a most important part.
 From early days to late nights too,
 We've cherished every moment with you.
 Through changes and challenges, always so strong,
 you've shown grace all along.
 So here's to you, Clara, as you move on,
 your legacy here will never be gone.
 Wishing you joy and well-earned rest,
For you, dear Clara, deserve the very best.

We will miss seeing your smiling face everyday.
 Love from your CLS Family

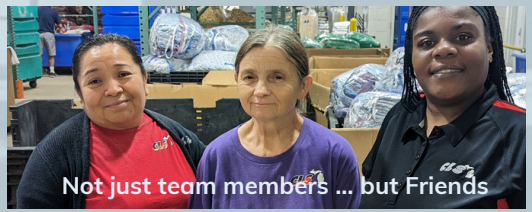


1979

2024

A few tears are expected

The "Clap Out" last day



Not just team members ... but Friends

RETIREMENT

45 Years

BABY SHOWERS & BABY GIRLS!

A heartfelt thanks to all the Team Members for
 throwing such wonderful baby showers and making
 the moms-to-be feel very special.
 Your thoughtfulness and generosity mean so much
 and we truly appreciate the effort and care you put
 into making these celebrations special.

Congratulations
Araceli!

Congratulations
Griselda!



Sofia Nonato Arcos
May 28, 2024
8lbs 4oz 20in long



A Baby Girl
Arrived!

More details
coming soon!



In the News

Charitable Service Days at CLS

CLS is committed to supporting Team Members contributions and volunteer time to non-profit organizations. Just like these champions did in May supporting causes near and dear to them.

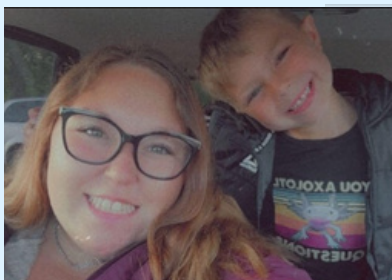
To learn about how you might support through a Charitable Service Day, please reach out to your supervisor for a request form or Human Resources for help!



Stacy, part of the CIW Team, joined her grandson Carson for a great day of learning at the Kids-N-Stuff Museum



Gracie, part of the Garment/Mending Team, escorted her daughter Jozlynn to the Zoo!



McKenna, a new member of the Accounting Team, joined her son Chase for a school field trip!

So many opportunities to help...

- School Trips
- Big Brothers Big Sisters
- SPCA
- Youth Clubs
- Cancer Center
- Salvation Army
- Boy Scouts
- Feed Kalamazoo
- Girl Scouts
- American Cancer Society
- American Heart Association
- Library
- What's your Choice?

Employee Wellness Reimbursement

A big shout out to our amazing Team Members Grace and Marcia, who used the Employee Wellness Reimbursement to enter the Kalamazoo Marathon! Your commitment to health and wellness is truly inspiring. Thank you for leading by example and showing the power of our wellness program in action. We were cheering at the finish line!



Got News to Share?

Calling all Team Members! It's time to hear about your wins and what's happening in your branch. Whether it's a personal milestone like getting married or walking your daughter down the aisle, baby news, or even adopting a new furry family member. What about a professional achievement like a customer win, or community recognition. Did you BBQ or play softball as a CLS Team? Let's celebrate together!

Share the news and don't forget the photos!
email - kearnshaw@clsimage.com

In the News

Meet the Customer Care Team



Sara Bergstrand - Office Manager

Sara oversees and assists the Customer Care Team, which collaborates to manage our over 6,000 customers. The team also supports the service, sales, and production teams with any concerns. Sara is responsible for setting up the majority of new accounts, tracking new business, and completing special projects as needed.



Elaine Brinkert - Customer Care

Elaine handles the invoicing for direct sales and processes linen orders placed by managers or RSPs. She prepares quit reports, prints the route settlement sheets for the branches, and gets the totes ready to be sent to the locations. Elaine also processes approved credits, helps set up new accounts, and assists with account maintenance, including inventory, pricing, and week codes.



Lindsey Peters - Customer Care

Lindsey processes routes to generate production requirements for the production team. She ensures all routes are settled and deliveries are completed. Lindsey converts delivery tickets to invoices, handles paper invoices, and sends them to the appropriate branches. She also assists with garment orders and provides support and backup for Elaine.



Lynne Miltenberger -Customer Care

Lynn's main responsibility is to create the Spartan subcontractor invoices for Alliant. She also updates customer contacts, logs new business commission report forms, and completes special projects as assigned.



Judy Franulic -Customer Care

Judy handles all incoming calls for the Livonia location, assisting customers and redirecting them to the appropriate management Team Member when necessary. She also creates service tickets for review with customer issues, places customer orders and performs all office functions as needed in Livonia.



Jonairy Colon - Customer Care/Receptionist

Jonairy greets visitors, customers, and vendors. She answers customer care calls and creates invoices. When needed, she reroutes calls to the appropriate team members, and also performs additional data entry, sorts mail, and tallies accounts receivable checks.

In the News

Meet the Accounting Team



Kassandra Caldwell - Accounting Manager

Kasey oversees the CLS accounting operations, including the production of month-end reports, balance sheets, and cash flow statements. She completes bank reconciliations, prepares tax forms, and maintains accounting records. Additionally, she helps mitigate risk and enhance the accuracy of the company's reported financial results.



Amanda Heywood - Accountant

Amanda oversees Accounts Receivable and steps in to answer questions or handle escalated account issues. She also prepares various reports, reconciliations, and audits in areas such as webstores, tax, and utility analysis.



Melissa Wiers - Accounts Payable

Melissa audits vendor invoices for accuracy by matching them with purchase orders, packing slips, and other records. She reconciles vendor statements with received invoices and enters all payables, preparing them for approval to be paid via check or ACH.



McKenna Caldwell - Accounts Receivable/Collections West

McKenna handles cash counting and check payment posting. She manages collections for Cadillac, Kalamazoo, Grand Rapids, and Covington/Admin branches. She emails monthly statements, processes manual statements, and assists in resolving customer inquiries and disputes.



Open Position - Accounts Receivable/Collections East

This position handles cash counting and check payment posting and manages collections for Livonia, Saginaw, and Alpena branches. They email and manually process monthly statements, and assist in resolving customer inquiries and disputes.

Have A Great Month!

As Summer is here! Make unforgettable memories, enjoying fun activities with family and friends. From picnics to beach days and outdoor adventures, there's something for everyone to enjoy. To explore your local areas, check out the websites below and start making plans to play!

<https://michiganfamilyfun.com>

Alpena Area

<https://www.visitalpena.com/creative-summer-activities-kids-will-love-in-alpena/>

Cadillac Area

<https://cadillacmichigan.com/things-to-do/>

Grand Rapids Area

<https://www.experiencegr.com/things-to-do/by-season/summer/>

Kalamazoo Area

<https://www.kzooparks.org/Home>

Livonia Area

<https://livonia.gov/1449/Summer-Camps>

Saginaw Area

<https://www.gogreat.com/blog/how-to-spend-a-weekend-in-saginaw-mi-with-kids/>



What kind of cup doesn't hold water?

A cupcake



CLS

Continental Linen Services:

4200 Manchester Rd

Kalamazoo, MI 49001

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