



# MONTHLY NEWSLETTER

Vol. 15/ Issue 4  
October 2024



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## The Clothes Line

A photograph of a carved pumpkin and several bright orange autumn leaves resting on a wooden surface. The pumpkin is partially visible on the left, and the leaves are scattered in the foreground.

October

# Monthly Message

***Hello CLS Team Members,***

We continue to experience higher than normal temperatures as we head into fall so enjoy it while it lasts! Michigan offers many activities in the fall such as apple picking, cider and donuts, pumpkin carving, colorful hiking trails, and, of course football! Memories last a lifetime so get out and make some with friends and family!



This year end marks the 16th Annual Anniversary Meetings with our Team Members here at CLS. The Family Owners enjoy gathering our Teams together to provide information about the company's performance, discuss upcoming events, promote team building, and give awards for years of service. This year we are changing things up by holding our 1st ever Annual Meeting with our Sales and Service Teams combined, in Mt. Pleasant on October 14, 2024. We are excited to gather our Teams together for a fun-filled day! The Annual Meetings in Kalamazoo for the Production and Administration Teams will be held in early November. More info to come on those!

Over the next 10 weeks, the Executive Team is participating in a program called Focus Four. This program is designed to strengthen small businesses by focusing on the vision, strategy, execution, and cash flow. This program is a significant commitment for our Executive Team and we are confident it will help CLS continue to develop and grow to reach our full potential. Additionally, the Executive Team is in the process of establishing goals for 2025. Goal setting is an extremely important process for the company, enabling us to continuously reach and stretch our Teams to perform at a higher level. Thank you all for helping to make CLS a solid company!



CLS is always welcoming new Team Members to our family. As we continue to grow, these new additions will be part of our ongoing success. Please help them feel welcome by learning their names, engaging them in conversation, inviting them to lunch, or offering tips that to support their performance. Thank you in advance!

Now that fall is upon us, many things are changing. Be careful as the roads are slick due to rain and wet leaves. Leaves can also cover potholes and road markings at times. Wildlife is on the move more often this time of year so make sure to be alert. It is also the start of flu season so be sure to wash your hands often. Thank you all for making CLS an amazing place to work. We are so proud of our Team and are looking forward to a bright future!

We are CLS!

***Sarah, Kurt, Ron***

# October Highlights



## BREAST CANCER AWARENESS MONTH

October



Breast Cancer Awareness Month has been celebrated every October since the nineties. It is called 'Pink October' as people around the world adopt the pink color and display a pink ribbon to raise awareness about breast health.

### WEAR PINK - Friday, October 11

*Whether it's a pink shirt, accessory, or even a splash of color, your participation helps show solidarity and support for those affected by breast cancer - every bit of pink makes a difference!*

## NATIONAL INDIGENOUS PEOPLES' DAY

Monday, October 14

Indigenous Peoples' Day is a holiday in the United States dedicated to celebrating and honoring the Indigenous American communities, while also recognizing their rich histories and cultures. This observance takes place on the second Monday in October.



### COSTUME CONTEST

Thursday, October 31

Get into the spirit and show off your creative side! We can't wait to see your costumes shine through in our contest!

- **Most Creative:** Most originality, out of the box thinking.
- **Funniest Costume:** Makes everyone laugh, adds a bit of humor.
- **Best Group/Team Theme:** Coordinate costumes around a theme (superheroes, TV show, Book, or movie cast).
- **Most Adorable:** Bring the cuteness, think animals, cartoons or whimsical outfits.

Let's keep in fun and lighthearted. Choose costumes that are safe to work in, are appropriate for work dress code, and theme for a professional environment.

## October Birthdays

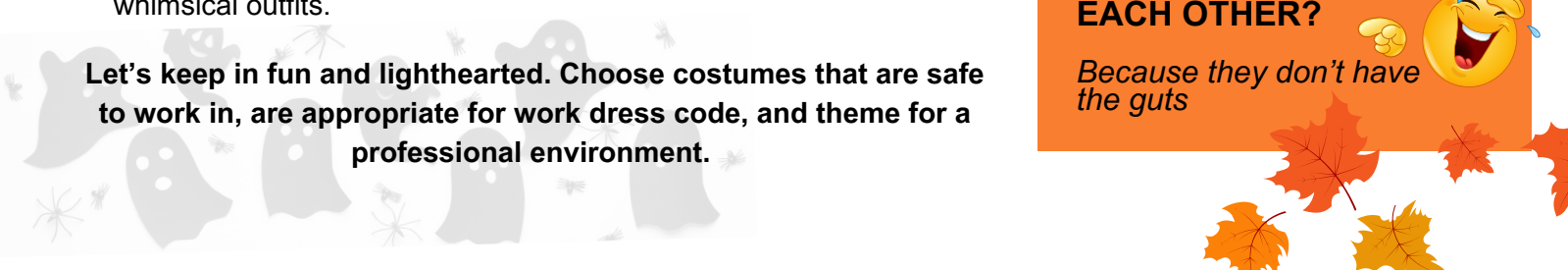
Jaime Martinez	10/7
James Brandt	10/7
Rosa Ramiro Mejia	10/7
Yaneli Lopez Rendon	10/7
Wally Roznowski	10/11
Joseph Stannard	10/12
Blanca De la Paz	10/17
Daniel Villegas	10/18
Laura Vazquez Ramirez	10/18
Gabriela Hernandez Matus	10/23
Antonio Toledo Licon	10/24
Melvin Silva Sanches	10/24
Christopher Richards	10/25
Alphonse Lafleche	10/25
Jeff Penning	10/29
Elaine Brinkert	10/30

## October Anniversaries

Sarah Wrubel	34 years
Gerald Kopec	22 years
Perry Shepard	21 years
Sara Bergstrand	15 years
Brian Schneider	9 years
Consuelo Ramirez	7 years
Ofelia Flores Hernandez	6 years
Andrew Trospen	4 years
Blanca De La Paz	3 years
Aurora Paulino	3 years
Jamie Martinez	3 years
Marisa Gonzales-Krug	3 years
Matthew McKalko	1 year
Kyle Ackermann	1 year

## WHY DON'T SKELETONS FIGHT EACH OTHER?

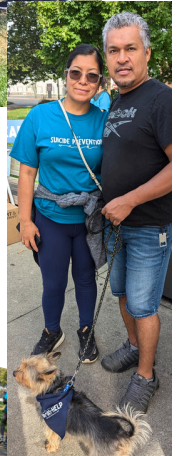
*Because they don't have the guts*



# Hot Off The Press



## SUICIDE PREVENTION WALK



A heartfelt thank you to our Team Members, families, friends, and even furry companions who joined us on September 21st for the Suicide Prevention Walk. Your participation not only demonstrated our commitment to supporting Gryphon Place but also played a vital role in raising awareness about the importance of mental health and suicide prevention.

If you or someone you know needs help, please call the Suicide & Crisis Lifeline at 988 or 211.

Every step we took together shed light on a critical issue that affects so many, reminding us all that support, awareness, and open conversations can save lives. Together, we hope to make a real difference in the fight to prevent suicide and promote mental well-being.



### CHECK - IT OUT!



We were so very proud to officially present our donation to the American Cancer Society, thanks to your amazing fundraising efforts!

Your support is making a real difference in the fight against cancer. Thank you again for your generosity!



### DRIVE IT FORWARD



Team CLS (Marcus, Sarah, Brandon and Gene) represented at the inaugural DeNooyer "Drive it Forward" golf outing on Sept. 13. Sarah took the trophy for "Women's Longest Drive"!

CLS was a sponsor and the event raised over \$11,000 to benefit South County Community Services, a local organization dedicated to helping those in need.

# Safety

## G.O.A.L. (Get Ot And Look)

According to the National Safety Council, one out of four vehicle accidents can be blamed on poor backing techniques. Backing accidents caused 500 deaths and 15,000 injuries per year. It also costs millions of dollars yearly in repairs, equipment, and lost revenue. Poor backing can result in damage to equipment, buildings, property, and pedestrians and can cause severe injury and death.



Backing accidents are almost always preventable if the driver is properly trained and uses the following preventative skills:

- **Avoid backing if possible, or pick spots that reduce backing to a minimum.**
- **Walk around your truck/vehicle and check for clearance - Get Ot And Look.**
- **Make sure your truck or trailer doors are secured.**
- **Watch for people, vehicles, forklifts, overhead wires, tree limbs, and other objects.**
- **Use your mirrors and back up slowly, using the driver's side whenever possible.**
- **Watch your clearance on both sides through your side mirrors.**
- **Use a spotter if the backing maneuver could be hazardous.**
- **Turn on your four-way flashers before backing.**
- **Tap your horn periodically as a warning.**
- **If it is dark, get out and check the unlighted areas with a flashlight.**

### Remember...

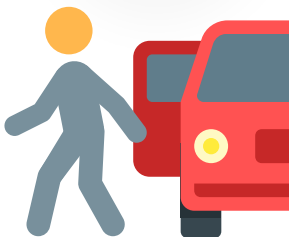
Take a deep breath and commit yourself to perfect backing with no compromises.

No one ever made up time by backing quickly.

If you need to pull forward and try again, do so.

Slow movements help you maintain full control of your vehicle and correctly judge distances.

If you are still determining something during your backing, revert to your **G.O.A.L. Get Ot And Look.**



**These safety tips work whether you are working or on leisure time. Just remember G.O.A.L.**

# Wellness

## READING DOES SO MUCH...

Start reading today! Choose a book from so many FREE resources and dedicate just 15-20 minutes each day to boosting your brain power. Whether it's fiction, non-fiction, or an audiobook, reading can improve your mental wellness and expand your mind. CLICK one of the icons below or download the apps to get access to a world of adventure through books!



In short, reading enriches your mind, supports mental health, and leads to personal and professional success.

## PINK HAS MEANING - FOR SCREENING

A breast cancer screening is a crucial step in detecting cancer early, even before symptoms appear. Early detection through screening increases the chances of successful treatment, and it can save lives.

Remember: Regular screenings are essential, so **talk to your healthcare provider** about when you should start getting screened!

While breast cancer is less common in men, it can still occur. The general recommendation is that men should be aware of any changes in their breast tissue, such as lumps, pain, or nipple discharge, and report them to a healthcare provider immediately.



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the Teladoc logo to download the app  
and register!

## DOMESTIC VIOLENCE AWARENESS

If you or someone you know needs help, the National Domestic Violence Hotline is available 24/7 at **1-800-799-SAFE (7233)** or by **texting START to 88788**. Let's come together to support safety, healing, and hope for everyone.

## FLU SEASON

Help protect yourself and those more vulnerable by getting a **Flu Shot** this season!



## CHICKPEA, BEET & FETA SALAD WITH LEMON-GARLIC VINAIGRETTE

**Ingredients:** 3 tbsl extra-virgin olive oil, 2.5 tbsl lemon juice, 1 med clove garlic, grated, 1/2 tsp dried oregano, 1/3 tsp salt, 1/4 tsp pepper, 2 cups diced cooked beets (8oz), 1 15-ounce can no-salt-added chickpeas, rinsed. 1 med carrot, chopped. 1/3 cup crumbled feta cheese, 1/4 cup finely chopped red onion, 1/4 cup chopped fresh parsley.

**Directions:** whisk oil, lemon juice, garlic, oregano, salt and pepper together in a large bowl. Add beets, chickpeas, carrot, feta, onion and parsley; toss to coat.

**Add** grilled chicken, shrimp or low fat meat of choice for an extra protein boost.



# In the News



## NEW TIME CLOCK AND PAYROLL SYSTEM IS ACTIVE!

Download the Paycor app through Google or Apple play stores. You will be able to view hours, paystubs, W2s, vacation time, training and more. Click the Paycor Logo to link to the webpage to register. Use Passcode 178732. If you need assistance please ask the HR Team.

## WELCOME TO OUR NEWEST TEAM MEMBERS

Trying to pin down our Service Team Members, Sales Team, and Office Staff for a photo is like chasing unicorns—they're always on the move, delivering magic on the road and behind the scenes! But we managed to do it! A huge welcome to all our newest road warriors, sales stars, and office champions—so glad to have you on the team!

### SERVICE



**Larry Sheldon**  
RSP  
Cadillac



**Jacob Cole**  
Relay  
Kalamazoo



**Josh Miller**  
Shuttle Driver  
Kalamazoo



**Josh Lesley**  
Relay  
Kalamazoo



**Bobby Olsen**  
RS  
Livonia



**Devin Smith**  
RSP  
Livonia

### ADMIN

**Korey Bradshaw**  
Accounting  
Kalamazoo



**Ed Olsen**  
Rental Sales  
Consultant  
Livonia



### SALES

**Lori Walenga**  
Rental Sales  
Consultant  
Grand Rapids



### TEAM MEMBERS ON THE MOVE



Congratulations to Jessie Bachman on his new position as the Route Manager in Grand Rapids. Jessie takes on this new role starting September 30. After serving as a Route Specialist and RSP, we look forward to Jessie's energy and passion for all things service at CLS!

### CURRENT JOB OPENINGS

We're always looking for top talent, and you can help us find the perfect fit!

We currently have the following positions available at CLS. Use the QR code at the bottom of the page to submit a referral or even apply yourself.

Once you have done that direct your friends to apply at **JoinCLS.com**.

**RSP : Grand Rapids**

**Route Specialist : Grand Rapids**

**RSP in Training : Livonia**

**DSM : Livonia**

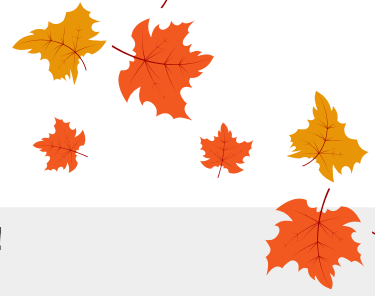
Any questions... Reach out to Kimberly or HR.



**TALENT IS KEY -  
REFERRALS MATTER!**

Use the QR code to submit a referral.

# In the News



## A FACE LIFT!

**We're excited to announce that the Covington parking lot will be resurfaced in mid-October.**

As part of our ongoing improvements and during this period, portions of the lot will be closed, and temporary parking areas will be provided. We appreciate your cooperation as we make these necessary upgrades to ensure a smoother and safer parking experience for everyone!

**Please stay tuned for more details on exact dates and alternative parking instructions.**

## SAVE THE DATE

**SERVICE AND SALES  
ANNUAL MEETING**

**October 14  
8:30AM - 1:30PM**

**Holiday Inn and Suites  
5278 E Pickard Street  
Mt. Pleasant, MI 48858**

## CADILLAC RE-ROUTE!

**Congratulations to the Cadillac branch on adding a new route! Launched on September 23rd, the team has grown with a seventh route now on the road.**

**Way to go, Cadillac**

**A big thank you to our Production and Service Teams for making this possible.**



## NEW TRUCK DESIGN



Danny Deal, CLS Fleet Services Manager is excited to share our new branding. **“Serving Michigan Businesses Since 1899 and our new Hygienically Clean Food Safety Certification logo.**

**A beautiful looking vehicle to move us forward for another 125 years.”**





# In the News

## JERSEY DAY SHOW UP!

Shout-out to everyone who rocked their jerseys!

From college to pro, hockey to football (both kinds), and teams repping Green Bay to Guatemala—great job showing your spirit!



# PURE MICHIGAN<sup>®</sup>

Fall is here and we are pumped! Nothing says autumn like picking fresh pumpkins, getting lost in a corn maze, and drinking some fresh cider.

## Around the Mitten

HEALTH  
**CEM+ERED**  
Employee Wellness

M: 7AM-3:30PM W: 7AM-  
5:30PM TH: 7AM-1PM

The Kalamazoo based clinic is here for your wellness needs; routine check-ups, health advice, and more.

**CLS**

Continental Linen Services:  
4200 Manchester Rd  
Kalamazoo, MI 49001



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